



Newsletter #3 January 2022



INTEGRA: DevelopINg Tailored comprEhensive services for younG migRAnts

The INTEGRA Capacity Building Programmes

The **first two weeks of December** (from Monday November 29th to Friday December 10th) the **international training of trainers** took place **online**. Before the training, the reading material has been shared with the participants to let them get acquainted with the objectives of the INTEGRA project and the contents of the training sessions.

Training of the ICT Tutors

The week 29/11 – 3/12/2021 was targeted to **ICT training**. A total of **28 candidate trainers from the 4 HEIs in India and Pakistan** attended the courses of the first week and **24 of them completed the training successfully**. Each course had an average **duration of 3 hours** and contained presentations of the main concepts of the day, activities, discussions and questions.

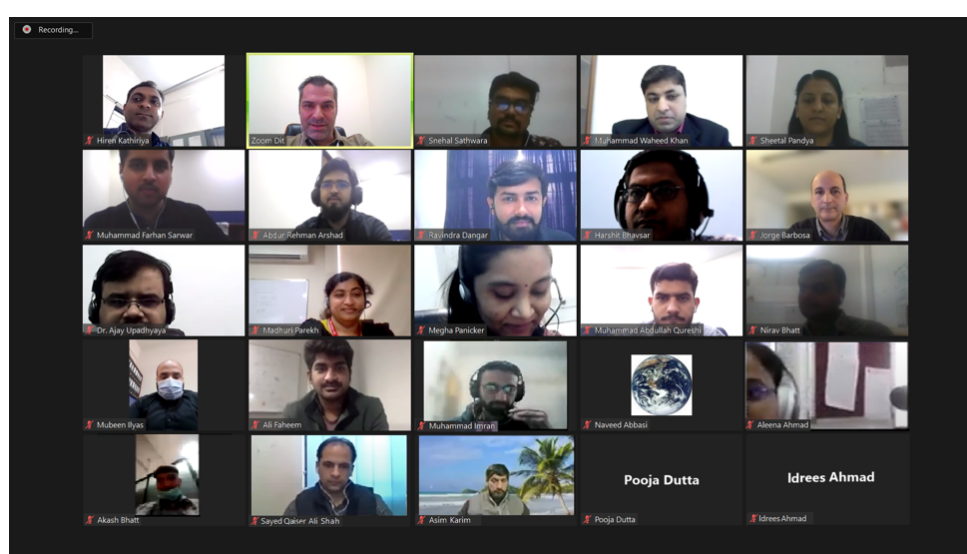


Figure 1. A screenshot from the online ICT training participants



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The aim of the first day was to introduce the **INTEGRA project objectives** and allow participants to introduce themselves and present **their engagement role in the HEIs and express their expectation from the project**. Prof. **Jorge Barbosa from the University of Porto**, presented the main objectives of INTEGRA, the expected project outcomes, the pilots scheduled, and the results so far and explained to the trainers, what their role will be in the project. He also briefed on the schedule of the ICT training. Prof. Barbosa, with the help of **Prof. Iraklis Varlamis from Harokopio University** also introduced the participants to the **Moodle e-learning platform** and helped everyone to register and login to the platform and enroll to the curricula.

In the second day, Prof. Barbosa presented **the e-learning platform and content of the curricula and courses** and explained all the details and options to the trainers. The presentation was followed by **an analysis of the course content structure and guidelines** on how the reading material, quizzes and other educational components of the platform can be used. Finally, he answered questions from the participants about the use of Moodle in the educational process.

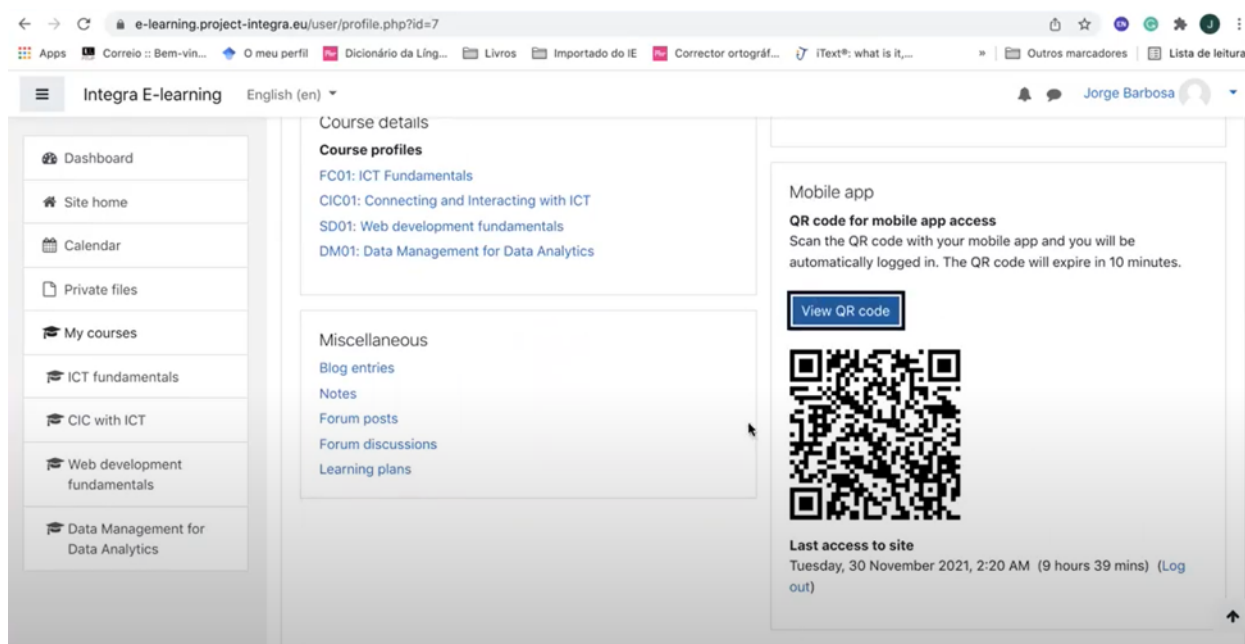


Figure 2. A screenshot from the Integra e-learning platform

On day three, **Prof Varlamis** performed a detailed presentation of the **methodology** followed in INTEGRA **for creating the curricula** that **cover the needs of the ICT market** and **help the young students** to build their soft and technical skills in order **to become competitive in the national ICT markets**. The **four curricula of INTEGRA**, each one awarding 30 ECTS credits to the participants, allows young migrants either to get an introductory training on ICT basics and especially the ability to connect, interact and create content, or to specialize on specific ICT disciplines including **software development, data management and product management**. Project-based courses at each curriculum allow young migrants to put in practice the knowledge acquired during the all other courses.

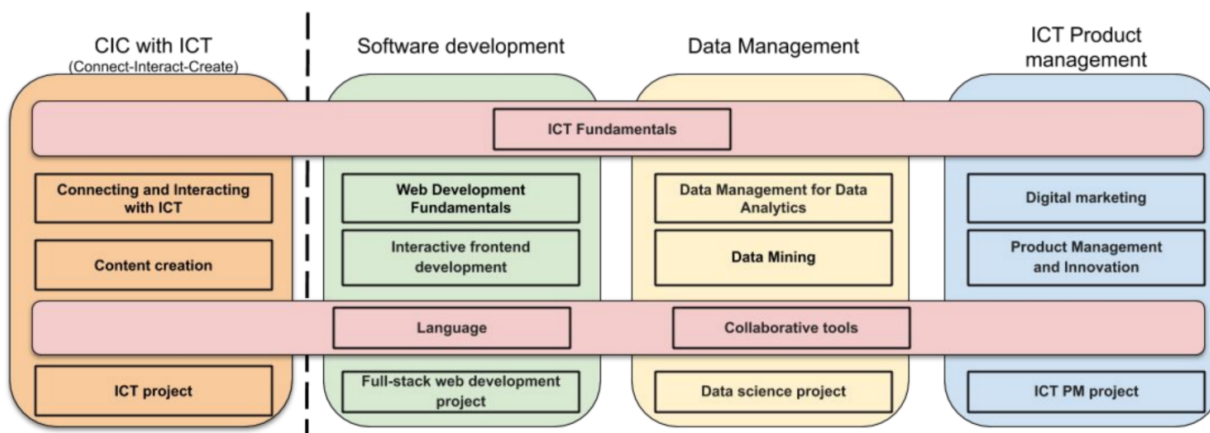


Figure 3. The structure of the INTEGRA curricula

On day four, **Prof. João Mendes Moreira from the University of Porto** focused on the **learning methodologies** that can be applied in the training of young migrants. He presented good practices, various active learning methodologies including **game-based learning, flipped classroom, challenge-based learning** etc. and engaged participants in a creative discussion on their use in the classroom.

THINK-PAIR-SHARE (practice)

- **Think:** What is active learning for you?
- **Pair:** In groups of 2 or 3, share your perspective and build a common understanding.
- **Share:** Share with everyone your perspective on learning Active.

Group 1

Active participation of the student in the learning process

Can be due by asking questions

Quizzes

Group 2

Engagement of students

Group 3

Make students to think harder

Group 4

Students will have chance to think about a topic

Group 5

Figure 4. The think-pair-share methodology and its outcome from a quick group activity

On the last day, **Prof António Coelho from University of Porto** introduced participants on the case of **assessment (formative and summative) of trainees in programming courses**. He presented **good practices of evaluation** using gamified learning, increasing autonomy and self-regulation and encouraging peer assessment. He also provided **e-Learning resources and guidelines for automatic correction of programming assignments**, which can be implemented on **Moodle**, as well as on other tools such as Kahoot, and highlighted the need for giving feedback to the participants in order to help them improve their skills and knowledge.



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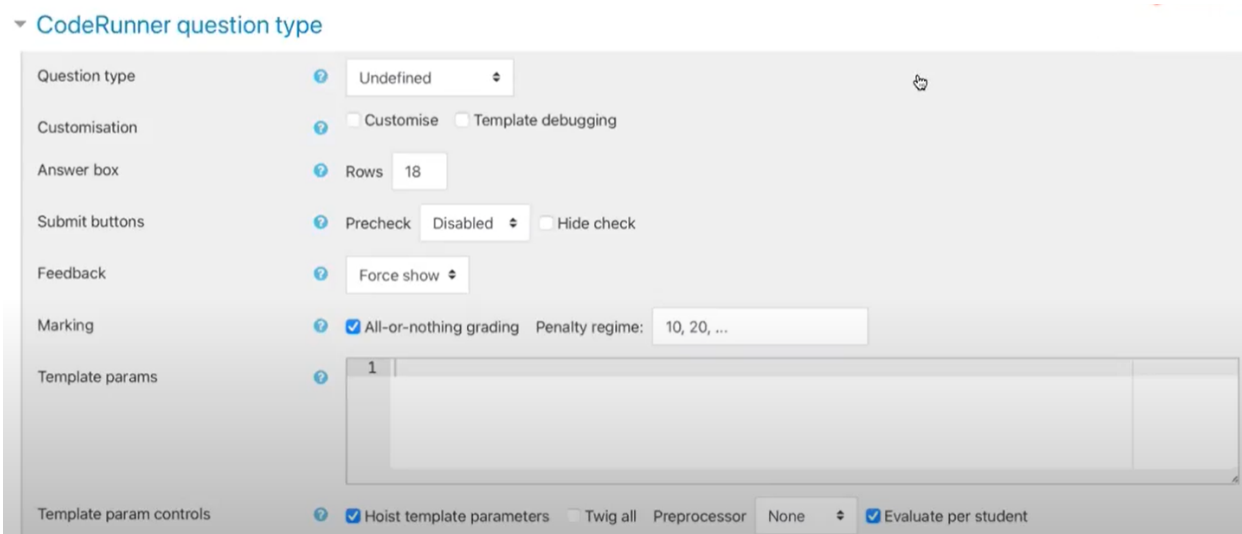
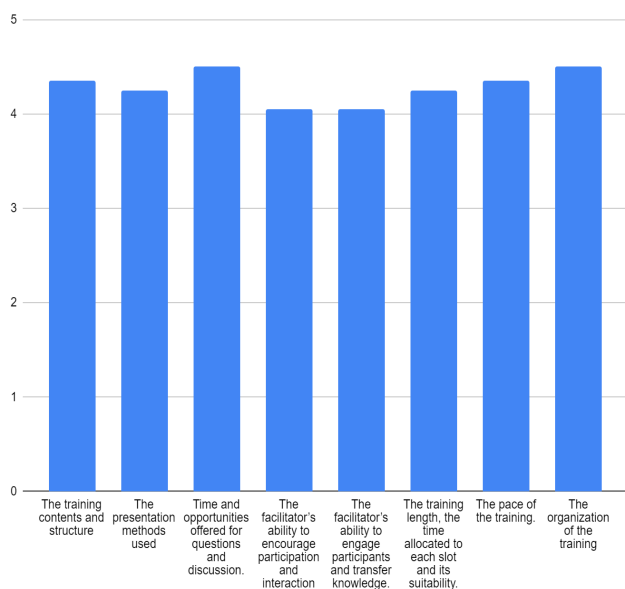


Figure 5. The CodeRunner Moodle plugin for the self assessment of programming quizzes

The ICT week ended successfully with the **evaluation of the training program by the participants**. Based on the anonymous feedback provided by the participants, the trainers were very satisfied with the various aspects of the training, including its contents and structure, the presentation methods etc. All aspects have been rated with a score higher than **4 out of 5 in average from the participants**, who expressed their interest to further support the INTEGRA objectives.



Nice Training and nice experience. Will happy to attend such training in future also from INTEGRA.

Happy to be a part of this training.

I would love to be the part of INTEGRA permanently on a suitable role to serve INTEGRA'S mission.

Want another training for other subject also

I would like to closely be in touch with INTEGRA to serve and exercise INTEGRA'S philosophy countrywide.

It's a nice initiative

Supplementary material for further understanding should be provided.

Everything was perfect and well managed.

Figure 6. The evaluation of training and useful comments from the trainers.



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Training of Psychosocial Support Professionals

During the week 06/12 – 10/12/2021 the **training for the Psychosocial Support Professionals** took place online (via zoom) under the overall coordination and organisation of **Symplexis**. In total **22 participants from the 4 HEIs in India and Pakistan** attended the **15 hour capacity building programme**. The participants were staff of the INTEGRA HEIs who are going to be involved in the provision of psychosocial support services to migrant and refugee students in their context. During each day, timeslots were dedicated to the presentation of relevant best practices from the EU.

During the first day, participants were introduced to the main aims and objectives of the INTEGRA project, as well as the tools to be used (the INTEGRA online platform and the Operational Manual for the Psychosocial support structures) as well as the objectives of the training. An introductory presentation was made by **Mr. Georgios Triantafyllou from Symplexis** on the **basic concepts of psychosocial support as well as the practical considerations** that the INTEGRA staff should take into account.

The second day was dedicated to psychological considerations: **manifestations of trauma and ways to approach traumatized individuals**, as well as the overall principles of psychosocial support. The expert speaker, **Ms Alexandra Koufouli from Symplexis** presented both theory and practical examples as well useful tips and approaches on delivering **psychosocial support services**. The specific communication skills of the psychosocial support professionals were also outlined.

The third day was dedicated to instructions on how to foster mutual support and self-help. The expert speaker, **Ms Anthi Koutsoupi** presented practical guidelines on how to conduct **integration counselling methods specifically targeted at migrants and refugees**. Individualized, group and remote counselling techniques were discussed.

During the fourth day, **Ms Nora Giannakaki from Symplexis** focused on **aspects of Intercultural Understanding & Social Inclusion**. From presenting the theory to outlining practical examples, the significance of intercultural skills for psychosocial support staff was stressed and through practical examples and exercises participants were engaged in activities that fostered their intercultural skills.

During the fifth and final day, the training was focused on **organisational aspects of the operation of the Psychosocial Support Structures** (such as the mapping of relevant services, the organisational structure, and the planning of services provision) and on the planning of the next steps of the activities. Mr Georgios Triantafyllou presented the Operational Manual, which is going to be adapted accordingly by each university to better fit each context and, as well as the timeline for the next steps in order for each university to be able to efficiently provide psychosocial support services to at least 50 migrant/refugee students throughout 2022.

The success of the INTEGRA Capacity Building Programme for Psychosocial Support Professionals was outlined by the results of the **evaluation**. Its evaluation strategy was centered on the use of a pre-training and post training self-assessment questionnaire, benchmarking the programme's learning objectives, its appropriateness, usefulness, and efficient delivery. All indicators show an increase in the results of the post training questionnaire, outlining a positive impact on the capacity of the participating staff. Overall the training was rated as very good or excellent by all participants.



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Some indicative comments from the participants follow:

- “The overall training was so good and informative, and the competency of all the guest speakers was fabulous. Many thanks”
- “All were the wonderful sessions. And all the mentors are great and highly knowledgeable. Thank you so much.”
- “It was a great training with proper explanation”
- “It has been a great opportunity and i look forward to using my learnings in my practical routine. The material used in the training will be very helpful to reflect back and renew the concepts and refresh the training if and when needed”
- “The topics discussed by profound speakers in this training were truly value additive and excellent. The overall experience will surely help me to guide other members in the upcoming training programs”
- “Nice coordination. Nice presentation and fruitful information was given by each speaker”

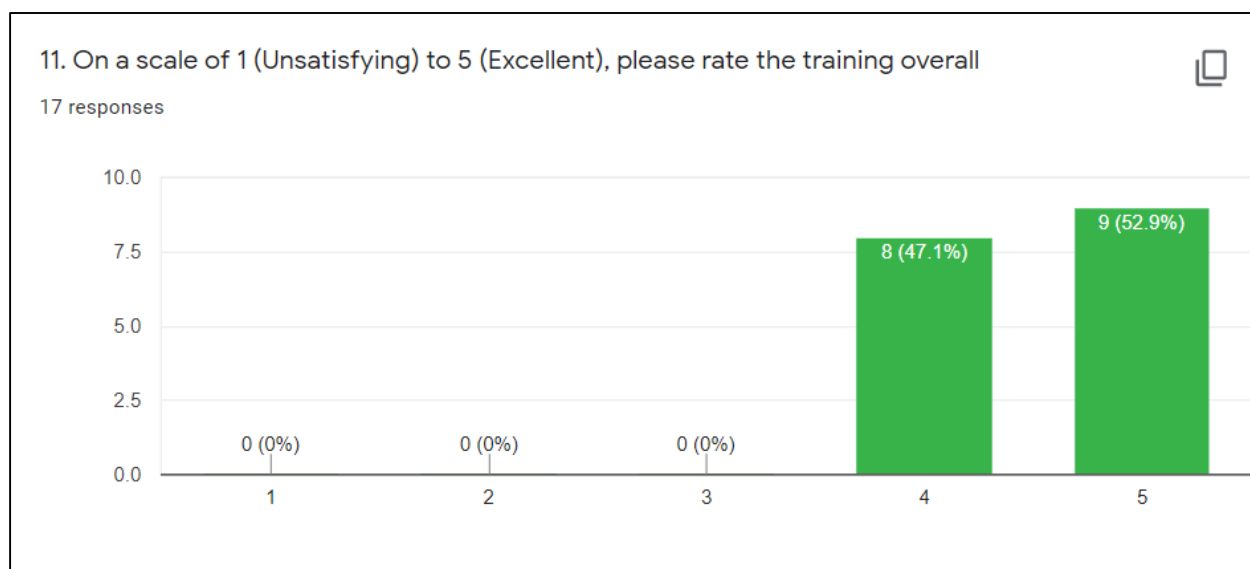


Figure 7. Evaluation results: Satisfaction level for the Psychosocial Support training

Next steps

National Trainings

The INTEGRA project will reach its most crucial stage during the next months. The staff from the four HEIs in India and Pakistan who have been trained by the EU partners on delivering ICT courses and psychosocial support trainings to migrants and refugees will in turn organise trainings at the national level in their context in order to upskill their colleagues on the INTEGRA approaches. In January 2022, one additional national training will be organised in each of the four participating HEIs by following the INTEGRA approaches, by using the INTEGRA material and through the online support of the EU partners.



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Pilot Implementation

The successful international trainings, together with the upcoming national ones will create a pool of professionals in each HEI ready to implement the INTEGRA activities throughout 2022; namely the delivery of the ICT courses and the provision of psychosocial support services to migrant/refugee students. The target for each university is to provide those services and courses to at least 50 migrant and refugee students by November 2022. Constant monitoring and reporting of the implementation should be achieved with the support of the EU partners. Monitoring visits have been planned in India and Pakistan throughout 2022 to check the progress of the pilot implementation.

If you want to get involved in the project, visit our website (<https://project-integra.eu>) or Facebook Page (<https://www.facebook.com/Integra.EU.Project>) and send us a message or contact one of your in-country partners to find out more!

Partners



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