



Newsletter #4  
September 2022

# INTEGRA: Developing Tailored comprehensive services for young migrants

## The INTEGRA National Trainings

The INTEGRA National Trainings have been completed! The staff from the four HEIs in India and Pakistan who were trained by the EU partners on delivering ICT courses and psychosocial support trainings to migrants and refugees last winter have in turn organised trainings at national level to inform, educate and upskill their colleagues on the INTEGRA outcomes. After the successful completion of the national trainings, participants received a Certificate of Attendance to certify their skills and knowledge gained through the training.

### Trainings of ICT Tutors

From February to March 2022, the four HEIs in India and Pakistan organised and conducted ICT trainings in their national contexts. Following the structure of the Transnational Capacity Building Trainings, each course had an average duration of 3 hours and contained presentations of the main concepts of the day, activities, discussions and questions.

- ✓ The **International Islamic University in Islamabad (IIUI)** held their ICT training sessions between February 21 to 25, 2022.
- ✓ **Lahore University of Management Sciences (LUMS)** also held their ICT training in the same week, from Monday, February 21<sup>st</sup>, to Thursday, February 24<sup>th</sup>, 2022.
- ✓ **SAL Education**, in accordance with the Pakistani counterparts, conducted the ICT training on the same week of 21-25 February 2022.
- ✓ **RK University** conducted their ICT training sessions a month later, on 14-21 of March.

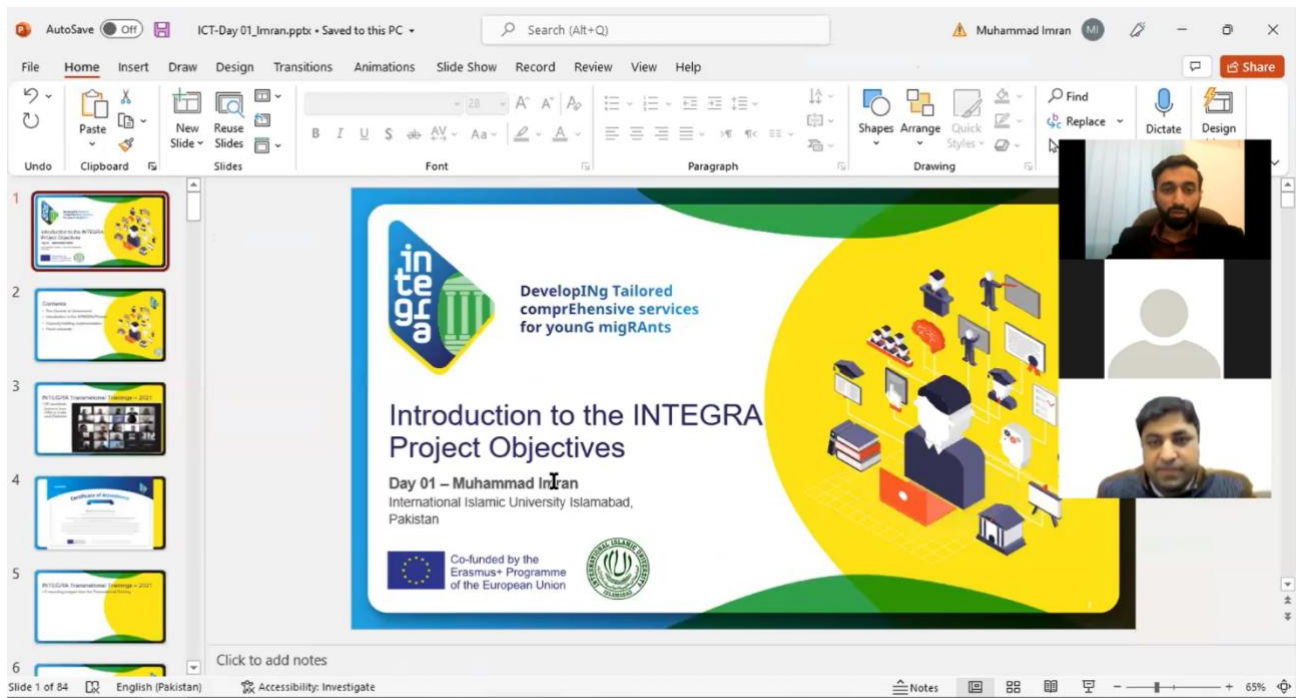


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*Screenshot of the National ICT Training in IIUI*

During these ICT training sessions, prospective ICT trainers first had the opportunity to **learn about the INTEGRA project** and its objectives, outcomes and results so far. Then, they were introduced to the developed the **Moodle platform**, where courses and materials are easily accessible; participants were shown how to register and navigate the course content structure and guidelines and how to use the reading material, quizzes and other educational components. Next, trainees learnt about the **methodology INTEGRA** followed for creating the curricula that allow young migrants either to get acquainted with ICT basics or to specialise in specific ICT disciplines, and of course to put these trainings in practice. ICT trainees were also educated on **learning methodologies** which can be applied when teaching young migrants, and on **assessing and evaluating their students** in programming courses.

## Psychosocial Support Trainings

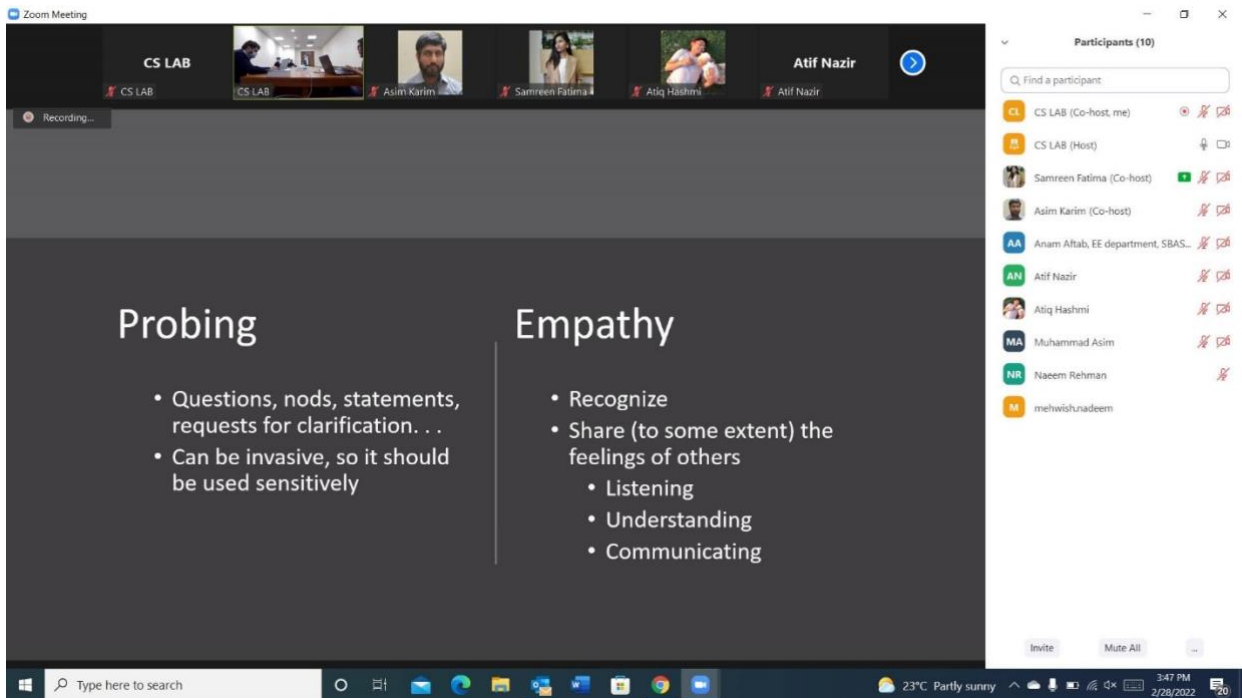
In the same period with the National ICT Trainings (February – March 2022), some of the **Psychosocial Support Trainings** also took place in three of the four Asian HEIs. During these trainings, aspiring trainers had the chance to learn more about the **provision of psychosocial support to migrant students** and were also presented with **good practices** from the European context. To start with, they were presented with the **INTEGRA project, its objectives and its tools** that will be useful in the provision of services to migrant students. **Issues in Psychology**, such as manifestations of trauma and ways to approach traumatised individuals, were considered, along with **principles of psychosocial support and instructions on fostering mutual support and self-help**. **Aspects of Intercultural Understanding & Social Inclusion**, together with organisational aspects of the **operation of the Psychosocial Support Structures** were also discussed in the context of these trainings.

- ✓ The **International Islamic University in Islamabad (IIUI)** held their Psychosocial Support training sessions online between March 7 and March 11, 2022.
- ✓ **SAL Education** also conducted their sessions online, from February 28 to March 4, 2022.



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- ✓ Lahore University of Management Studies held a 2-day crash course on Psychosocial Support on February 28<sup>th</sup> and on March 2<sup>nd</sup>.



Screenshot from the National Psychosocial Support Training in LUMS

## The Inauguration of Integra ICT Training & Psycho-social Support Centre in RK University, India



RK University organised an Inaugural ceremony for the Integra ICT Training & Psycho-social Support Centre on March 8<sup>th</sup>, 2022, set up to address the key challenges migrant students face in the area of ICT skillsets and their psycho-social needs. The event was coordinated by Prof. Kamlesh Patel, Head, IT Services & Prof. Vijay Dubey, Executive-Office of International Affairs, RK University.

Honourable Thakor Saheb of Rajkot City, Shree Mandhatasinhji Jadeja addressed the RK University teaching staff, heads of departments & directors associated



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with ICT-based subjects and counselling activities of the students. Executive Vice President of RK University, Shree Denish Pate also talked about dealing with the challenges faced by migrant students from different countries and discussed the aspects of making their academic and non-academic experience more joyful. Prof. Iraklis Varliamis from Horkopio University also joined the ceremony online and addressed the participants about INTEGRA project activities, outcomes, and future goals.

Attendees were guided in effectively using ICT in their academic work and gained understanding with regards to supporting migrant students in their academic and non-academic experience.



## Next steps

### Pilot Implementation

The successful international trainings, together with the upcoming national ones will create a pool of professionals in each HEI ready to implement the INTEGRA activities throughout 2022; namely the delivery of the ICT courses and the provision of psychosocial support services to migrant/refugee students in India and Pakistan.

The target for each university is to provide those services and courses to at least 50 migrant and refugee students in the next months. EU partners will provide support for the implementation of the pilots, whereas constant monitoring and reporting of the implementation should be achieved and provided by the 4 HEIs in India and Pakistan.

## Additional Capacity Building Programme – Save the dates!

### Save the dates!

7-day Capacity Building programme for Marwadi University

2 - 10/11/2022

The developed **INTEGRA Capacity Building programme** (focusing on how to deliver ICT courses and psychosocial support services to young migrants) will be also delivered to staff of **Marwadi University** in India!

The training will take place online, from the 2 to 10 November 2022, and its goal will be to train the senior staff of Marwadi University that will get involved in the **delivery of the ICT courses and Psychosocial Support to refugees and migrants**. The capacity building programme has been designed by the expert partners from the EU (Harokopeio University, University of Porto and Symplexis



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respectively). Following its successful implementation to RKU, LUMS and IIU in 2021, Marwadi University has expressed its interest and commitment to be part of the project implementation thusly multiplying the impact of INTEGRA at the Indian context.

*If you want to get involved in the project, visit our website (<https://project-integra.eu>) or Facebook Page (<https://www.facebook.com/Integra.EU.Project>) and send us a message or contact one of your in-country partners to find out more!*

## Partners



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HAROKOPIO UNIVERSITY

symplexis



SAL  
EDUCATION



LUMS  
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